



Offering a full continuum of services for children, adolescents, adults and families

- Outpatient Individual, Family and Group Therapy
- Intensive Outpatient Mental Health & Substance Abuse Services
- Special Education and Evaluation
- In-home and Community-Based Services
- Crisis Intervention and Stabilization
- Specialized Foster Care Programs
- Home-like Residential Care
- Community Justice and Court Diversion Education Programs
- Connecticut Clearinghouse
- Employee Assistance Program
- Prevent Child Abuse Connecticut
- Early Childhood Programs
- Prevention, Education and Training Programs



Wheeler Clinic A non-profit, multi-service behavioral health agency serving Central Connecticut and Greater Hartford.

Licensed by Connecticut Department of Public Health

Accredited by Joint Commission on Accreditation of Healthcare Organizations

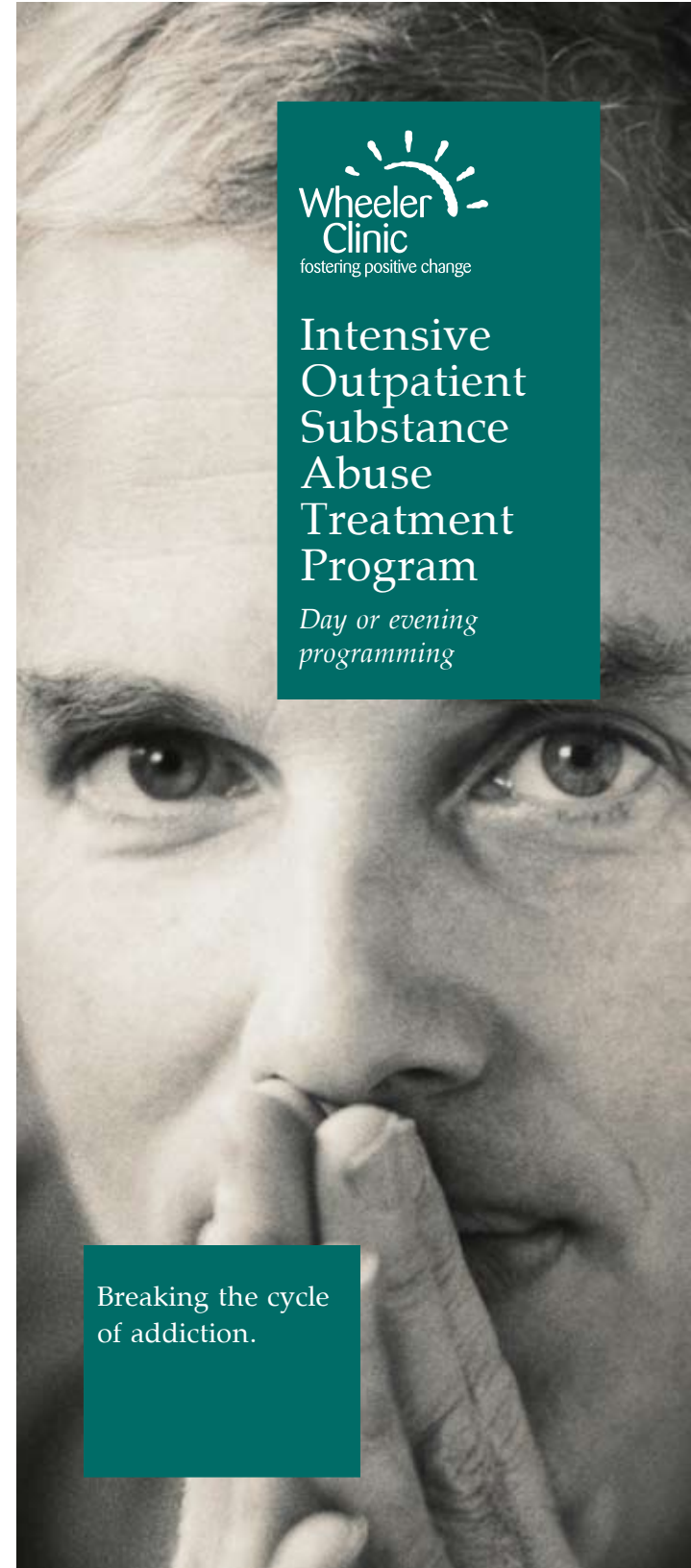
Funded by Connecticut Department of Mental Health & Addiction Services, third party payers and client fees

Program Location 91 Northwest Drive
Plainville, CT 06062
860.793.3500
Fax: 860.793.3520

Fees In many circumstances, Medicaid or Medicare, private insurance or third party payer covers service costs. Some programs and/or services operate on a sliding fee scale. The ability to pay is not an obstacle to service.

91 Northwest Drive
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Fax: 860.793.3520
www.wheelerclinic.org

Rev. 1/07



Intensive Outpatient Substance Abuse Treatment Program

Day or evening programming

Breaking the cycle of addiction.



Our Goal

Our team of clinical experts provides assessment, recommendations and treatment for individuals struggling with substance abuse and addiction. Our goal is to break the cycle of addiction and provide support for necessary changes in behavior and attitude to maintain sobriety.

These goals are accomplished by utilizing a combination of group psychotherapy and education designed to help clients:

- develop a better understanding of the disease of addiction and the recovery process
- develop a positive support network within 12-step and other self help programs as well as other community supports
- develop effective coping skills and tools for relapse prevention

Specialized Treatment

Chemically dependent persons may also suffer from co-occurring psychiatric disorders that require special attention and/or medication. Often, such individuals are excluded from traditional recovery programs. Our day and evening treatment services focus on the special needs of clients who are stabilized on medication, able to function in a group setting, and have a stable living environment.



Program Components

The Intensive Outpatient Substance Abuse Treatment Program (IOP) is group oriented and focuses on all aspects of the recovery process. IOP can be an alternative to residential treatment and provides clients an intensive level of care without disrupting employment or home life. Sessions are available days or evenings, four hours in length, three times a week. Additionally, IOP offers:

- individualized treatment planning
- relapse prevention planning
- variable length of stay based on client's individual treatment needs
- involvement of family or significant other to enhance the recovery process
- psychiatric consultation and medication management, as indicated
- referral to continued outpatient/aftercare treatment or to higher level of care when indicated
- coordination of care with other treatment providers, agencies and referral sources (e.g. courts, DCF, EAPs)

Additional Services

Additional outpatient substance abuse services are available at Wheeler Clinic including assessment, early intervention, relapse prevention, trauma treatment and anger management groups.



Professional Staff

The Intensive Outpatient Program is led by professionals from various disciplines, including psychology, marriage and family therapy, counseling, and social work. All program staff have had specialized training and experience in the area of chemical dependency treatment.

Admission

For admission to Wheeler Clinic's Intensive Outpatient Substance Abuse Treatment Program clients must be 18 years or older, medically stable and able to function with minimal supervision outside of treatment hours.

For information and first appointments,
please call the Access Center
1.800.793.3588