



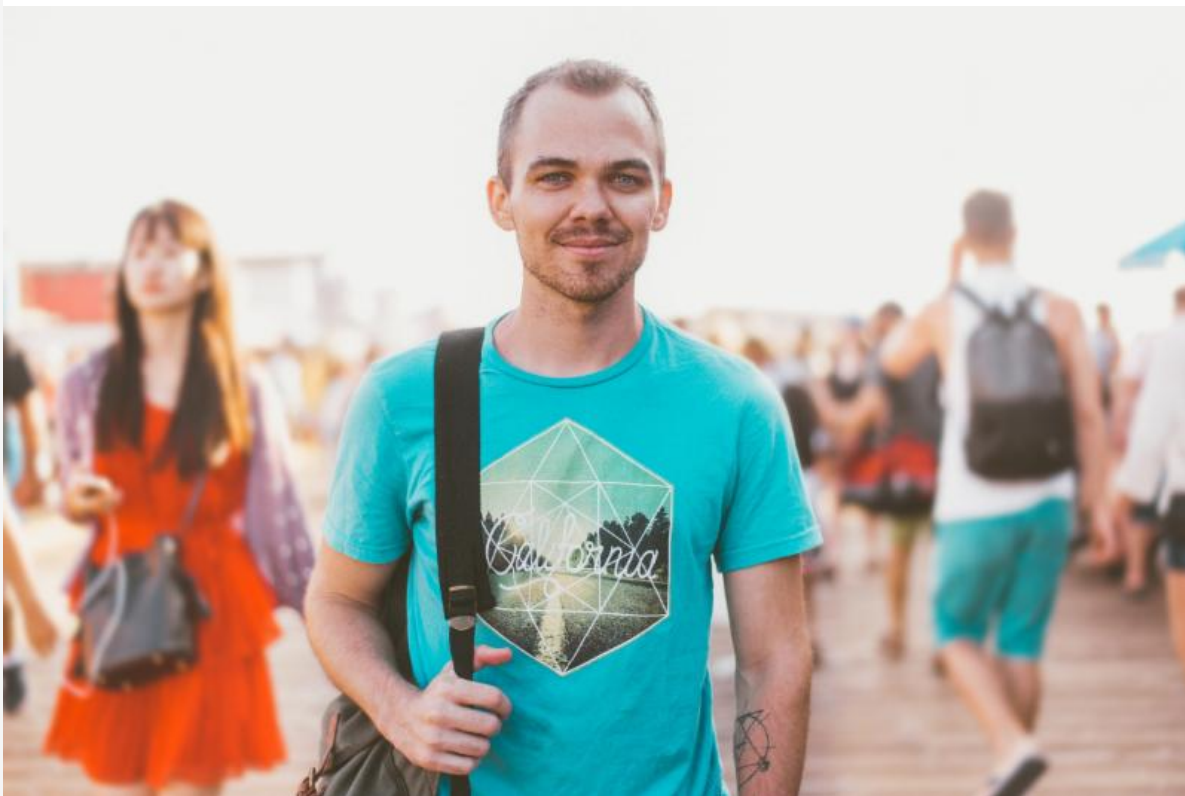
Wheeler

Innovative Care. Positive Change.

May 2019

MENTAL HEALTH MONTH

Wheeler's Health Spotlight



MAY IS MENTAL HEALTH MONTH

Millions of Americans live with a mental illness, according to the National Alliance on Mental Illness, and one in five people will be affected by mental illness in their lifetime. This issue of *Health Spotlight* highlights Mental Health Month, and what Wheeler is doing to treat, support, and educate individuals with mental illness, while reducing stigma in our communities.

To learn more about the signs and symptoms of mental illness, click [here](#).

To learn more about mental health treatment available through Wheeler, call our Navigation Center at 860.793.3500.

For details on our services for adults, click [here](#).

For details on our services for children and youth, click [here](#).

Mental Health Resources and Information

In Connecticut

[Crisis and Suicide Prevention](#)

[Connecticut Clearinghouse](#)

[Department of Mental Health & Addiction Services](#)

National

[National Alliance on Mental Illness](#)

[Mental Health.gov](#)

Integrated Care: Better Outcomes and Care for Patients

Wheeler's evolution of integrating health care over the last 20 years has rapidly advanced, with behavioral health experts like Adam Harrison, Psy.D., working side-by-side with primary care and dental practitioners, community health workers, and many others, in one setting, working as one team, with a full range of resources for patients.



Read more [here](#).

Wheeler Featured in Access Health CT Social Campaign for Mental Health Month



Keturah Kinch, MPA, director of Health Center Community Engagement for Wheeler Clinic's Family Health & Wellness community health centers in Hartford, Bristol, and New Britain, is featured in an Access Health CT social media campaign running this month as part of Mental Health Month. In two videos, Keturah highlights the value of integrating mental health treatment with primary care, and the impact of social determinants—conditions in which people are born, grow, work, and live—on health outcomes.

Learn more [here](#).

Wheeler Sponsors NAMI Walk 2019

Wheeler was a proud Start and Finish Line Sponsor of the 2019 Connecticut NAMI Walk on May 18 in Bushnell Park, Hartford. Our team, professionals from every corner of Wheeler, as well as the Mott Health Ambassadors, walked with others from across Connecticut to help raise awareness and reduce stigma.



Hundreds of Public Safety Professionals Trained in

Mental Health First Aid



Since the fall, Wheeler has helped hundreds of public safety professionals to identify and assist others experiencing a mental health crisis through Mental Health First Aid training. With a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Wheeler delivered 16 Mental Health First Aid trainings across Connecticut and certified 301 professionals.

Learn more [here](#).

Funding for the Wheeler Family Health & Wellness Center is provided by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA). Improvements to the Family Health & Wellness Center are supported in part by the State of Connecticut Nonprofit Grant Program, the Connecticut Health & Educational Facilities Authority, the Maximilian E. and Marion O. Hoffman Foundation, and the Ensworth Charitable Foundation. Additional support is provided by Delta Dental of New Jersey Foundation. Wheeler is a Health Center Program grantee under 42 U.S.C. 254b and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

Call our Navigation Center

Connect with us

