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IMPACT

The difference we make in our communities

Wheeler Exceeds Goal, Extends Bristol Campaign

Honoring Our 55th Anniversary

COMMUNITY

Mental Health Services for New Britain Students

HEALTH

Grant for Treatment After Incarceration

CARE

Therapy for Depression with TMS and Spravato®

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- CT Clearinghouse 35th Anniversary
- Text Service for Patients
- Vaping Awareness Campaign





Wheeler Exceeds Original Goal, Extends Bristol Fundraising Campaign for 55th Anniversary

Wheeler has exceeded its original four-year fundraising campaign goal for its new Bristol health center and administrative headquarters two years ahead of schedule and is extending its goal to celebrate and honor its 55th anniversary in 2023.

Thanks to greater-than-normal support for its 2023 Wheeler Golf Classic, presented by Mutual of America, the organization stands at an estimated \$521,000 as of August 1, 2023, or 94 percent to the new goal of \$555,000 in gifts and pledges over four years.

The fundraising campaign, publicly announced in February 2022, was launched through an initial pledge of \$100,000 from the Barnes Group Foundation during a silent fundraising phase, as well as a \$100,000 goal in gifts and pledges from Wheeler's Board of Trustees, and \$80,000 from Wheeler's senior and executive leadership. Since the launch, Wheeler has received donations toward the campaign from approximately 400 individuals and organizations, from corporate employee giving campaigns to realized planned gifts. Particularly notable contributions include a gift from the Corsini and Brantner families to create a second named teaching kitchen in the center for Wheeler's nutrition programming in honor of Raymond Corsini, Wheeler's longest-serving trustee, and an educational training

center supported through a gift from the estate of Hall "Cap" Adams, Jr., a longtime philanthropic investor in Wheeler's work.

In addition, a supporting named brick campaign is on track to have at least 100 bricks in place when the facility opens. Bricks are still available for purchase. For details, visit WheelerHealth.org/BricksforHope.

"The support from the Bristol community is amazing," said Sabrina Trocchi, PhD, MPA, president and CEO of Wheeler. "When One Hope Street opens, the community will have a state-of-the-art health center right in Centre Square, with 200 professionals working and shopping in the heart of the city."

Wheeler's 46,000-square-foot community health center at One Hope Street will offer integrated primary and behavioral health care, treatment for substance use disorders, nutrition services, and much more.

To access this and other stories in this issue, visit: WheelerHealth.org/Impact or access the page by scanning this QR code with your cell phone.



COMMUNITY

School-based Health Centers Expand to New Britain

Wheeler received a \$250,000 School-Based Health Alliance grant to expand school-based health center services at DiLoreto School in the city of New Britain. The program is staffed with a team of three, and the grant supports a clinician and senior engagement specialist position.

"Our new center provide essential mental health services for students who are struggling, as well as linkages to medical and other forms of care through our Family Health & Wellness Center at 40 Hart Street," said Sabrina Trocchi, PhD, MPA, Wheeler president and chief executive officer.

Wheeler's school-based health centers, also currently in 14 public schools in Bristol, employ a national cognitive behavioral intervention model to help students address trauma-related issues, including post-traumatic stress disorder (PTSD), depression, and behavioral health issues, and provide other evidence-based interventions to address an array of problems, including anxiety, depression, academic and peer challenges, and more. Linkage to other services in the community are also offered.

Services are provided regardless of a family's ability to pay.



FACT: Since 2018, Wheeler's school-based health centers in Bristol have served nearly 1,700 patients.

COMMUNITY ROUNDUP

- Wheeler received nearly **\$190,000** from the **Health Resources and Services Administration (HRSA)** of the U.S. Department of Health and Human Services (HHS) to expand **COVID-19 vaccine services** through its community health centers.
- From now until late Fall 2023, **Family Health & Wellness Center** patients have access to **fresh produce** through the **Farm to Family** program, a partnership with the **Friends of Holcomb Farm**.
- **Wheeler's Connecticut Clearinghouse**, a statewide library and resource center for information on substance use, mental health, prevention and health promotion, recently celebrated its 35th anniversary. This program, which serves thousands of people each year, is funded by the **Connecticut Department of Mental Health and Addiction Services**.

THANK YOU FOR SUPPORTING OUR WORK FOR 55+ YEARS!

HEALTH

\$2M Grant for Treatment After Incarceration

Wheeler was awarded a five-year, \$2-million grant from the Department of Health and Human Services (HHS), through its Substance Abuse and Mental Health Services Administration (SAMHSA). The grant supports the expansion of substance use disorder (SUD) treatment and related recovery and reentry services to sentenced adults in the criminal justice system who have SUDs and/or co-occurring substance use and mental disorders—adults who are returning to their families and community following a period of incarceration in state and local facilities, including prisons, jails, or detention centers.

The Wheeler Adult Reentry Program will improve both access to health care and treatment outcomes, as well as ease community reintegration through culturally appropriate intensive care management, trauma-informed treatment, and linkages to whole-person health services at Wheeler's community health centers. Services will include primary care, medication for substance use disorder, mental health, dental, nurse care management, peer engagement, and more. Wheeler will collaborate closely with corrections, parole, probation, and other agencies to reduce recidivism and improve outcomes.



FACT: SAMHSA announced 34 awards totaling up to \$13.6 million for this program. Wheeler is the only award recipient in New England.

HEALTH ROUNDUP

- The **Connecticut Department of Mental Health and Addiction Services** and Wheeler have launched a new **vaping awareness campaign**, "Know Ur Vape," which leverages the power of **social media influencers** and the popular social trend of unboxing videos.
- Patients can now **make new appointments** by **texting** Wheeler's Navigation Center at 860.793.3500. The **new service** enables patients to make new appointments, confirm details of an existing appointment, ask questions, and more.
- A new **treatment for depression**, Transcranial Magnetic Stimulation (**TMS**) is offered for patients through Wheeler's **New Britain** community health center at **40 Hart Street**. Information is available at 860.793.3500.

CARE

Innovative Therapy For Depression in Hartford

A new, highly effective treatment for depression, Spravato® therapy (esketamine), is available to patients through Wheeler's Hartford Family Health & Wellness Center. A caring, skilled team works closely with patients in a specially designed suite devoted specifically for individuals receiving this therapy.

When taken with an oral antidepressant, Spravato®, the first prescription nasal spray, can treat adults with treatment-resistant depression. Treatment-resistant depression presents as depression in patients struggling with major depressive disorder who have not responded adequately to two or more antidepressants and/or depressive symptoms in adults with major depressive disorder (MDD) with suicidal thoughts.

"We are pleased to offer this therapy, as it is a promising approach to addressing an often-devastating condition," said Sabrina Trocchi, PhD, MPA, president and chief executive officer. "Guided by our caring team, this treatment offers our patients hope and healing."

For information, call Wheeler's Navigation Center at 860.793.3500.



FACT: In a survey, 29% of adults said they had been diagnosed with depression during their lifetime, and 18% said they currently have depression or are being treated for it. (Source: Gallup, 2023)

CARE ROUNDUP

- Wheeler received a **\$30,000** grant from the **Child Abuse Prevention Foundation of Farmington** to assist **Child First™** families in **Department of Children and Families Region 6** (New Britain/Meriden). Funds support baby monitors, car seats, and other items, as well as a virtual Circle of Security® parenting class.
- Wheeler is **seeking** individuals who have experience caring for relative's or close friend's child to work as **Kinship Navigators**. These individuals work with our professional, compassionate team to support youth and their **foster families**.
- Wheeler received funding from the **Connecticut Department of Children and Families (DCF)** for its **SAFE Family Recovery (SAFE-FR)** program in DCF Region 1 (Bridgeport, Norwalk, and Stamford). SAFE-FR addresses the **substance use treatment** and **recovery needs of adult caregivers**, wherever they are in their recovery.

PRESIDENT'S MESSAGE

This season is full of hope for Wheeler and the individuals and families we serve. Support from donors and funders, the hard work of our dedicated team, the vision of our organizational and board leadership, and strong collaboration with partners have helped us to meet the needs of our communities for 55 years. We are delighted to share our latest news here.

Our cover story spotlights our fundraising efforts in Bristol, which are currently at 94 percent of our newly expanded four-year campaign goal. Stories on Page 2 feature the launch of our newest school-based health center in New Britain, and a \$2-million grant from SAMHSA, which supports individuals following incarceration.



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We also highlight effective treatment for individuals suffering from depression through our Hartford and New Britain community health centers; strategies for improving patient access through dynamic real-time scheduling, and much more.

Thank you for your ongoing interest and involvement. Our work, our progress, our ability to meet the needs of individuals across Connecticut, would not be possible without you.

Sabrina Trocchi, PhD, MPA

Sabrina Trocchi, PhD, MPA
President and Chief Executive Officer



PLEDGE

YOU CAN MAKE A DIFFERENCE.

YOUR support, YOUR commitment, YOUR vision can change, and literally save, lives.

Yes! I want to support:

- Bristol Family Health & Wellness Center..... \$ _____
- Basic Needs Fund..... \$ _____
- Basic Needs Fund, Northwest Village School..... \$ _____
- Other \$ _____
- Enclosed is my total gift of \$ _____

Check Enclosed (Please make payable to Wheeler.)

Please charge my donation to: Visa MasterCard Discover AmEx

Name _____

Account Number _____

Exp. Date _____ Security Code _____

Signature _____

My gift is in memory of: _____

My gift is in honor of: _____

Please notify: _____

My employer will match my contribution. I have enclosed a matching gift form.

Please send me information about Planned Giving.

Mail using the enclosed envelope to: Wheeler
Office of Philanthropic Giving
91 Northwest Drive
Plainville, CT 06062

Or scan this QR code with your cell phone to make a donation.

