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IMPACT

The difference we make in our communities

Bristol Fundraising Campaign Exceeds Original Goal

\$606,000 Raised for One Hope Street Facility

COMMUNITY

Wheeler President and CEO Visits the White House

HEALTH

Spravato® Depression Therapy Now Offered in Waterbury

CARE

Individuals and Businesses Honored for Philanthropy

ALSO IN THIS ISSUE...

- Support for Walk With Me
- Golf Classic on 9/18/24
- Federal Recognition for Care
- Chiropractic Services, New Britain



Wheeler Surpasses Extended Bristol Campaign Goal: \$606,000 Raised for One Hope Street

Wheeler Health has surpassed its expanded Bristol fundraising goal of \$555,000, raising \$606,000 in gifts and pledges one and a half years ahead of schedule for its new Bristol health center and administrative headquarters at One Hope Street in downtown.

The expanded goal of \$555,000 was set in 2023—raised from the original goal of \$500,000—in honor of Wheeler’s 55th anniversary.

The fundraising campaign was publicly announced in February 2022, after a year in silent phase, which raised \$280,000 at the time of public launch.

More than 500 individual donors contributed to the campaign through outright gifts and pledges; participation in the 38th Annual Wheeler Golf Classic, which netted approximately \$78,000; or by sponsoring a named brick at One Hope Street. Approximately 20 individuals or organizations contributed more than \$10,000 in gifts or pledges.

The named brick campaign is on track to have more than 120 bricks in place when the facility opens.

Significant campaign contributions were made by: Barnes Group Foundation, which made the initial anchor pledge of \$100,000; Wheeler’s volunteer board of trustees, who exceeded their goal of \$100,000 through 100% participation; Wheeler leadership, who

exceeded their goal of \$80,000; the estate of Hall “Cap” Adams, Jr., which is supporting an education and training area; the family of Ray Corsini, Wheeler’s longest-serving trustee, who are supporting a second teaching and demonstration kitchen in a Wheeler Family Health & Wellness Center and nutrition services and programming in Bristol; Voya Financial®, through matching contributions and employee giving; an anonymous donor’s support in memory of former Wheeler Executive Director David Berkowitz, PhD; the Bradley Henry Barnes and Leila Upson Barnes Memorial Trust at the Main Street Community Foundation; and more.

The 46,000-square-foot facility will offer integrated primary and behavioral health care and other services for all ages.

“One Hope Street represents our vision of a healthier community for everyone, and our donors invested in hope for a vibrant, revitalized downtown Bristol. We can’t wait to open our doors,” said Sabrina Trocchi, PhD, MPA, Wheeler president and chief executive officer.

To access this and other stories in this issue, visit: WheelerHealth.org/Impact or access the page by scanning this QR code with your cell phone.



COMMUNITY

Wheeler President & CEO Speaks at the White House

Wheeler President and CEO, Sabrina Trocchi, PhD, MPA, spoke at the White House in January, sharing the vital role that federal support plays in improving health care in Connecticut's cities and towns, from school-based health centers, to medications for substance use disorders, federally qualified health centers, and more!

This visit was part of the White House "Communities in Action Forums" that spotlight the administration's work with community leaders, state and local governments, labor leaders, businesses, and other stakeholders to leverage historic investments that create and expand opportunities for Connecticut residents.

"It was an honor to represent and share the work we do every day keeping Connecticut healthy with the administration's support," said Trocchi. "Federal investment in health care has made a significant difference for our patients and the communities we serve in Connecticut."

Trocchi discussed the impact of federal support on Wheeler's care across the lifespan for more than 60,000 individuals in Connecticut annually and provided an overview of recent grants and projects supported by the administration.



FACT: Since 2021, Wheeler has secured more than \$16 million in federal support to address an array of issues, from child mental health, to substance use and recovery support.

COMMUNITY ROUNDUP

- The **Community Chest of New Britain and Berlin** awarded a **\$16,765** grant to Wheeler to support its **Walk With Me** program, including a peer support specialist position.
- Save the Date! **September 18, 2024** is the date of Wheeler's **39th Annual Golf Classic** at the Country Club of Farmington! Visit the website at: WheelerHealth.org/GolfClassic.
- Wheeler partnered with **WFSB** on a "**Healthy Minds, Healthy Lives**" series, which highlighted **behavioral health topics**, including depression and anxiety, seasonal affective disorder, and more.



Scan QR code for content from
WFSB's Series
Healthy Minds, Healthy Lives



HEALTH

Providing Hope: Spravato® for Depression

Depression can present persistent, serious challenges. Wheeler offers hope through a highly effective treatment, Spravato® (esketamine) therapy.

This treatment, the first prescription nasal spray that is taken with an oral antidepressant, is available through Wheeler's Family Health & Wellness Centers at 43 Woodland Street, Hartford, and 855 Lakewood Road, Waterbury, where a caring, skilled team works closely with individuals in a specially designed, warm and welcoming suite.

"We are pleased to offer this safe, effective treatment to our patients who might not have otherwise had access," said Sabrina Trocchi, PhD, MPA, president and chief executive officer, Wheeler. "Depression is a serious issue, but there is hope for individuals who are struggling."

This treatment also is suitable for individuals with major depressive disorder who have suicidal thoughts.

Individuals interested in an assessment for Spravato® therapy can contact their Wheeler health care provider, or their community provider can provide a referral. Call our Navigation Center at 860.793.3500.



FACT: In 2021, an estimated 14.5 million U.S. adults aged 18 or older had at least one major depressive episode with severe impairment in the past year. *SAMHSA, 2021 National Survey on Drug Use and Health*

HEALTH ROUNDUP

- For the second year in a row, Wheeler earned six **Community Health Quality Recognition** badges from the federal **Health Resources and Services Administration**, tied for the most in the state. The badges recognize quality improvement achievements in access, quality, health equity, health information technology, and COVID-19 public health emergency response.
- Wheeler and **Holcomb Farm** have extended their unique **Farm to Family** program to serve Family Health & Wellness Center patients in the **winter**, with fresh produce distributed in **Waterbury, Bristol, and Plainville** through March.
- Wheeler now offers **chiropractic services** at its **New Britain** community health center at **40 Hart Street**. Services are also offered in Bristol, Hartford, and Waterbury.

CARE

Leaders, Philanthropists, Families, Honored



Two organizations and several individuals were honored by Wheeler for outstanding support of its mission at the organization's 13th Annual Hands & Hearts event, held virtually in late December of last year.

This event recognizes individuals and families, corporations, and foundations for helping Wheeler to provide equitable access to innovative care that improves health, recovery, and growth at all stages of life.

"With the generous support of our Hands & Hearts award recipients — and all of our donors—we are able to meet the needs of the more than 60,000 individuals we serve annually," said Sabrina Trocchi, PhD, MPA, president and chief executive officer, Wheeler. "Our honorees truly make it possible for us to respond to emergent and growing community needs, and most recently, to notably advance and implement plans for our new community health center at One Hope Street in Bristol. We are beyond grateful."

The 2023 Hands & Hearts Appreciation Award recipients were: Eversource Energy, the Frady Family, the Friends and Family of Sam Marszycki, Francis Vincent, and Rachel Tressy and Voya Financial®.

FACT: Since its inception, Wheeler's Hands & Hearts event has recognized more than 85 philanthropists.

CARE ROUNDUP

- This past holiday season, and with generosity from our staff and community support from **Americold** in Plainville, **Mott Corporation** in Farmington, and **Amazon** in Windsor, we fulfilled more than **900 holiday needs**.
- Wheeler's **Basic Needs Fund** needs you! Since the inception of the fund in **2018**, we have helped patients, students, and their families with the pressing basic needs of life. More than **250 donors** have helped nearly **8,400 individuals**. We need your help to serve even more!
- **Aisha S. Hamid, MPH, CHES, CPS**, program manager, Wheeler's Connecticut Clearinghouse, received an **All Heart Award** from the **Mayor of the City of Bristol** for her dedication and time on the city's **Mayor's Task Force on HIV/AIDS**.
- Wheeler recently opened **school-based health centers** at **Slade Middle School** and **Pulaski Middle School** in **New Britain**. Its first center in that city opened last winter at **DiLoreto School**.

PRESIDENT'S MESSAGE

Spring is here, and we're celebrating new beginnings! Our cover story highlights how we exceeded our Bristol fundraising goal, next steps for our Hope Street facility, and our deep gratitude for the hundreds of people who supported our vision. We can't wait to open our doors!

This issue also highlights other new beginnings across Wheeler. We recently launched innovative treatment for depression, Spravato® (esketamine) at our Waterbury health center. We opened two school-based health centers in New Britain. We're now offering chiropractic care in New Britain, and so much more.

While we are eager to look ahead, we pause in this issue to gratefully acknowledge the recent generous



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support of our community, including our 2023 Hands & Hearts honorees, local corporations that helped us fulfill more than 900 holiday wishes, and our amazing Basic Needs Fund donors.

Thank you for helping us to create new beginnings. Your commitment is shaping the bright future of our care for individuals and families across Connecticut.

Sabrina Trocchi, PhD, MPA

Sabrina Trocchi, PhD, MPA
President and Chief Executive Officer

PLEDGE

YOU CAN MAKE A DIFFERENCE.

YOUR support, YOUR commitment, YOUR vision can change, and literally save, lives.

Yes! I want to support:

- Basic Needs Fund..... \$ _____
- Basic Needs Fund, Northwest Village School.....\$ _____
- Bristol Family Health & Wellness Center..... \$ _____
- Other\$ _____
- Enclosed is my total gift of \$ _____

Check Enclosed (Please make payable to Wheeler.)

Please charge my donation to: Visa MasterCard Discover AmEx

Name _____
Account Number _____
Exp. Date _____ Security Code _____
Signature _____

My gift is in memory of: _____

My gift is in honor of: _____

Please notify: _____

My employer will match my contribution. I have enclosed a matching gift form.

Please send me information about Planned Giving.

Mail using the enclosed envelope to:
Wheeler
Office of Philanthropic Giving
91 Northwest Drive
Plainville, CT 06062

Or scan this QR code with your cell phone to make a donation.

