



LICENSURE AND ACCREDITATION
Connecticut Department of Children and Families
Connecticut Department of Education
Connecticut Department of Public Health
The Joint Commission
National Committee for Quality Assurance



IMPACT

The difference we make in our communities

Hope Street Opens In Downtown Bristol
Primary Care, Behavioral Health, Lab, Pharmacy, and More!

Wheeler is a Top Workplace
Receives Honor for Eighth Year

Expanding Services Across CT
Recovery Programs and More

TMS Depression Therapy
Medication-Free Treatment

- ALSO IN THIS ISSUE...**
- Healthcare Hero Award
 - NEW: Women's REACH Program
 - Federal Support for Services
 - Farm to Family Returns



One Hope Street Community Health Center Opens; Convenient, Accessible Care Provided

This summer, more than 200 community leaders, donors, supporters, friends, and employees attended a remarkable celebration of Wheeler's One Hope Street headquarters and health center. Primary and behavioral health care, and on-site Bristol Health Outpatient Lab Services were launched shortly afterward. An on-site Genoa Healthcare® pharmacy opened in October, and other services such as Transcranial Magnetic Stimulation (TMS), an innovative therapy for depression, and nutrition counseling started.

"We're delighted to provide local residents with patient-centered health care," said Sabrina Trocchi, PhD, MPA, president and chief executive officer, Wheeler. "The consolidation of services makes it easier for individuals and families to manage their care from one location."

In addition to state and federal support, One Hope Street was made possible through a multi-year fundraising campaign, which raised \$606,000, exceeding an original fundraising goal of \$500,000. More than 400 private donors contributed to the Campaign for Bristol.

Donors contributed to the campaign through outright gifts and pledges; participation in the 38th Annual Wheeler Golf Classic, which netted approximately \$78,000; or by sponsoring a named brick at One Hope Street. Approximately 20 individuals or organizations contributed more than \$10,000 in gifts or pledges.

Services offered at One Hope Street include:

- **Primary Care** for people of all ages
- **Pediatrics**, including well-child care and immunizations
- **Behavioral Health Services** to address anxiety and depression, trauma, grief, and more
- **Treatment for Substance Use Disorder**, including therapy and medications such as extended-release naltrexone (Vivitrol®) and buprenorphine (Brixadi®, Suboxone® and Sublocade® - buprenorphine extended-release) for alcohol, heroin, and opioid addiction
- **Chronic Disease Management** for asthma, diabetes, hypertension/heart health, HIV, and treatment and services for Hepatitis C
- **Women's Health**, including preventative screening for women, annual wellness visits, gynecology, and family planning
- **Transcranial Magnetic Stimulation**, an innovative treatment for depression and anxiety
- **Nutrition Services** and **Chiropractic Care** to encourage whole-person health
- **On-site Genoa Healthcare® Pharmacy**
- **Bristol Health Outpatient Lab**, and more!

READ MORE STORIES

To access this and other stories in this issue, visit: WheelerHealth.org/Impact or scan this QR code.



COMMUNITY

39th Annual Golf Classic Nets \$60,000

Wheeler's 39th Annual Golf Classic at the Country Club of Farmington netted \$60,000, thanks to the generosity of more than 150 golfers, sponsors, volunteers, and friends. Proceeds support Wheeler's Basic Needs Fund.

"We're so grateful for our sponsors, players, and volunteers who make this event a resounding success year after year by coming out for a great day and supporting individuals and families who most need our help," said Sabrina Trocchi, PhD, MPA, president and chief executive officer, Wheeler.

Event sponsors included: M&T Bank, Platinum Dinner Sponsor; The Manafort Family Foundation, Platinum Logo Sponsor; Access Health CT Small Business, Golf Cart Sponsor; Genoa Healthcare®, Lunch Sponsor; Tecton Architects, Golf Ball Sponsor; Mott Corporation, Beverage Cart Sponsor; and Champion's Circle sponsors, Barnes, Brown & Brown, Karl Krapek, Laurie and Bill Torres, Liberty Bank, and Linde. Additionally, the event is supported by Gold Sponsors 443 Technologies™, Allaire Elder Law, Bradley, Foster & Sargent, Camilliere, Cloud, & Kennedy, the Child Health and Development Institute, Downes Construction Company, Getz Balich LLC, Gibbs Interwire, GO, Prime Buchholz, Suburban, Thomaston Savings Bank, and Whittlesey, as well as Practice Range and Putting Contest Sponsor, GO, and many others.



FACT: Since 1986, the total amount raised through Wheeler's Golf Classic event is more than \$1.4 million..

COMMUNITY ROUNDUP

- For the eighth time, Wheeler was named a **Hartford Courant 2024 Top Workplace** and received special recognition for **Professional Development** and **Women-Led Innovation**. Wheeler also was honored as a national **2024 Top Workplaces Industry Winner for Healthcare** over the summer.
- Wheeler's **Farm to Family** program returned this year, thanks to an innovative six-year partnership with **Holcomb Farm**. Each year, about **14,700 pounds of fresh produce** are provided to patients at each of Wheeler's five Family Health & Wellness Centers.
- Wheeler recently received "**Best Of**" Awards for **Mental Health** from **The Bristol Press** and **New Britain Herald**.
- Wheeler received an "**LGBTQ+ Healthcare Equality Leader**" designation from the **Human Rights Campaign Foundation (HRC)** as part of the HRC's Healthcare Equality Index. Wheeler received a **top score of 100** and is the **only community health center in Connecticut** to receive this designation.

HEALTH

New Lead Physician At One Hope Street, Bristol

A highly experienced, American Board of Family Medicine-certified, osteopathically trained family physician has moved to Connecticut to become the lead physician at Wheeler's Family Health & Wellness Center in Bristol.

Pamela Carrington-Tribble, DO, has practiced in California since 1993, including 15 years in private practice in Half Moon Bay, California, where she was repeatedly voted "Best Physician/Clinical Practice" in the *Half Moon Bay Review*. More recently, in Southern California, Press Ganey recognized her as achieving a 99th percentile ranking in patient satisfaction.

Dr. Carrington-Tribble will be seeing patients of all ages at the new Family Health & Wellness Center at One Hope Street. In addition to extensive experience in all common adult chronic and acute conditions and primary care of newborns through adolescence, she also focuses on nutrition, prevention of heart disease, and women's health.



FACT: Wheeler expanded into the primary care space in 2013 with the opening of two federally qualified health centers in Bristol and Hartford.

HEALTH ROUNDUP

- Wheeler received **\$1,100,000 in federal funding** to expand **mental health** and **substance use disorder treatment** through its health centers.
- Wheeler's **Dr. Joshua Jones**, a primary care physician based at the organization's **Hartford** community health center, was recognized as a **Hartford Business Journal Healthcare Hero**.
- A **\$110,000 grant** from the **Steven & Alexandra Cohen Foundation** supports the expansion of **Wheeler's Walk With Me program**, serving the **LGBTQ+ community** and their families.
- More than **280 free backpacks** filled with school supplies were distributed to our **child and adolescent patients** through our Family Health & Wellness Centers. This distribution is made possible through contributions to our **Basic Needs Fund**.

Primary care services can be accessed by calling 860.793.3500.

CARE

Innovative Treatment for Depression And Anxiety In Bristol, New Britain



An innovative, medication-free treatment is now available at Wheeler's community health center at One Hope Street, Bristol, to help patients find relief from symptoms of depression and anxiety. This treatment is also offered at Wheeler's community health center in New Britain.

Transcranial Magnetic Stimulation (TMS) is a novel and effective specialty behavioral health treatment from NeuroStar®. This therapy uses magnetic fields to activate regions in the brain that have decreased activity in patients with depression.

"TMS is a fantastic option for many patients with depression and anxiety," says Dr. Michael Twist, Wheeler's psychiatric medical director. "Some people have tried medication without success, or they prefer not to take medication. TMS offers highly effective treatment, often proving more effective than medication."

Treatments last approximately 20 minutes, and following each session patients may resume regular activity. A course of treatment can be prescribed for up to seven weeks, based upon how quickly patients' symptoms resolve and ongoing discussion with their provider.

FACT: About 21 million adults in the U.S. (8.4%) had at least one major depressive episode. **Source:** *National Institute of Mental Health*

CARE ROUNDUP

- Wheeler launched the **Women's REACH Program** with support from the **Connecticut Department of Mental Health and Addiction Services**. The program provides outreach, engagement, short-term case management, and recovery support resources to **pregnant and parenting women** with substance use or co-occurring disorders as well as **their partners**, and other immediate **parenting family members or natural support** who have been affected by substance use, either personally, or by the use of the child's parent.
- Wheeler's **Rita Demo, MPH, LMFT**, was recently named **vice president of Community, Crisis, and Prevention Services**. In this role, Rita provides clinical and administrative **oversight** for more than **25 programs**.
- A new program, **Parent Child Interaction Therapy**, funded by the **Connecticut Department of Children and Families**, serves children ages 2 to 7 and is designed to **strengthen parent-child relationships**.

PRESIDENT'S MESSAGE



We are in a season of deep hope and gratitude, and this issue reflects both. Our feature story highlights our amazing arrival and opening of our new health center at One Hope Street, Bristol, and the welcoming embrace from this wonderful community.

This issue also celebrates the addition of a new Bristol primary care provider and lead physician, Dr. Pamela Carrington-Tribble, as well as plans to launch Transcranial Magnetic Stimulation (TMS) in November, which will give patients access to an innovative, highly effective medication-free therapy for treatment-resistant depression and anxiety.

More broadly, we acknowledge the sponsors, players and volunteers who helped make our 39th Annual Golf Classic a resounding success, netting \$60,000 to benefit our Basic Needs Fund. We also celebrate some remarkable accomplishments, including *Hartford Courant* Top Workplace recognition for the eighth year, with special recognition for our managers, as well as being named a national 2024 Healthcare Industry Top Workplace.

Our progress continues to be driven and inspired by your support. Thank you for being a part of the Wheeler community. Thank you for giving us hope.



Sabrina Trocchi, PhD, MPA
President and Chief Executive Officer

PLEDGE

YOU CAN MAKE A DIFFERENCE.

YOUR support, YOUR commitment, YOUR vision can change, and literally save, lives.

Yes! I want to support:

Basic Needs Fund \$ _____

Basic Needs Fund, Northwest Village School..... \$ _____

Other \$ _____

Enclosed is my total gift of \$ _____

Check Enclosed (Please make payable to Wheeler.)

Please charge my donation to: Visa MasterCard Discover AmEx

Name _____

Card Number _____

Exp. Date _____ Security Code _____

Signature _____

My gift is in memory of: _____

My gift is in honor of: _____

Please notify: _____

My employer will match my contribution. I have enclosed a matching gift form.

Please send me information about Planned Giving.

Mail using the enclosed envelope to:
Wheeler
Office of Philanthropic Giving
One Hope Street
Bristol, CT 06010

Or scan this QR code to make a donation.

