



RECOVERY FACILITATION PROGRAM

Serving adults, 18 years and older, who are insured by **Anthem Blue Cross and Blue Shield of Connecticut**, with complex substance use disorders. These individuals may be transitioning from hospital, detoxification centers, or residential facilities, or have a history of multiple admissions to these settings. Care is provided by a multidisciplinary recovery team that employs an integrative approach that includes medical, behavioral health and peer support. This team works collaboratively with **Anthem Blue Cross and Blue Shield of Connecticut** and other health partners to ensure effective coordination and implementation of all aspects of an individual's recovery process.

REFERRALS CAN BE MADE BY CALLING 860.306.8571.

PROGRAM HIGHLIGHTS

- **Assessment and evaluation**, offered within 24 hours, or at the convenience of the patient.
- **Care transition**, including participation in discharge planning, facilitating transitions across systems of care, and ensuring a warm hand-off.
- **Recovery planning**, including individualized and patient-centered assessment and collaborative goal setting.
- **Relapse prevention**, including strategies for managing potential triggers, such as work-related stress, family issues, mental health disorders, physical pain, and social or environmental events leading to substance abuse, and other supportive interventions that help an individual manage their recovery and overall health.
- **Linkage to Wheeler's array of addiction treatment services**, including psychiatric evaluation, Medication-Assisted Treatment (MAT), and other behavioral health services. *(Referrals to other community providers can be made based on patient preferences.)*

PROGRAM FEATURES:

- **Highly individualized, person-centered care**
- **Transition planning and ongoing coordination with** in-state and out-of-state hospitals, detoxification centers and residential treatment programs, and, upon return, coordination with the individual's health and behavioral health team and other community recovery supports
- **In-home, ongoing face-to-face care** to facilitate long-term recovery
- **An integrative team approach** to facilitate all aspects of a person's recovery plan





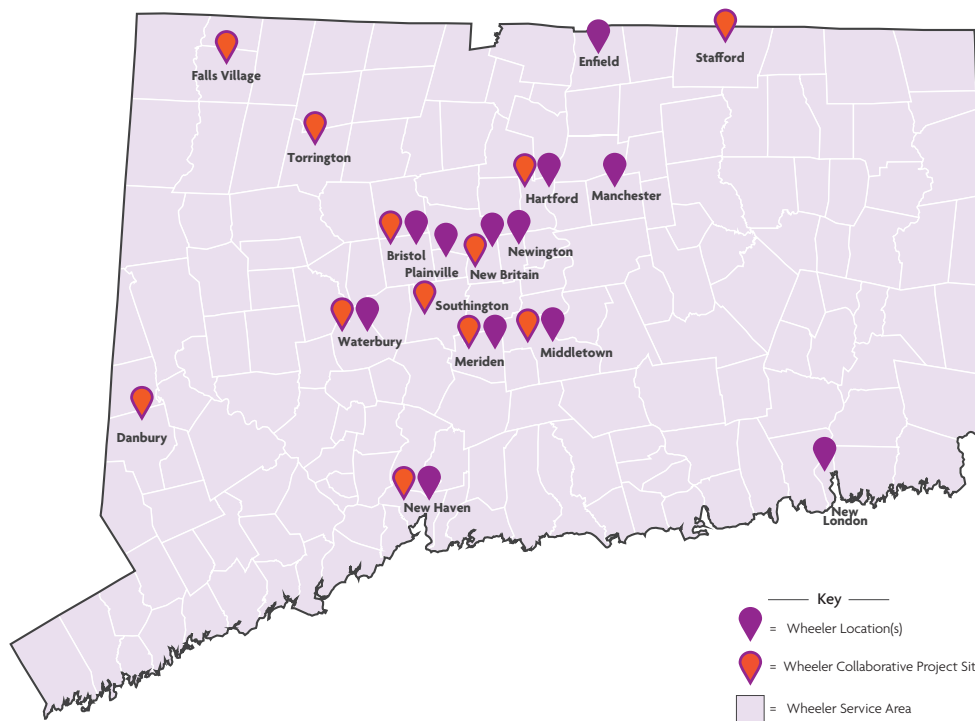
ABOUT WHEELER CLINIC

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler Clinic, please call 888.793.3500 or visit WheelerClinic.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



Wheeler

Innovative Care. Positive Change.

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