

# Adult Outpatient Services

LIFE'S MOST CHALLENGING SITUATIONS SHOULDN'T BE FACED ALONE. WE'RE HERE TO HELP.

We offer an array of outpatient programs for adults and families that include individual, group and family therapy to address problems associated with substance abuse, depression, anxiety, anger management, domestic violence, grief and loss, and other mental health issues. Our staff includes a broad range of professionals: licensed addiction counselors, clinical social workers, marriage and family therapists, psychiatrists and other treatment specialists.

## OUR APPROACH:

- Wheeler employs gender-specific, trauma-informed, person-centered approaches to care and evidence-based practices, including cognitive behavioral and motivational enhancement approaches and strategies for addressing specific needs

## OUR PROGRAMS:

- **Adult Outpatient Recovery Services** - individual, group and family therapy to address problems associated with substance abuse, depression, anxiety, anger management, domestic violence, grief and loss, and other mental health issues
- **Medication-Assisted Treatment for opioid and alcohol addiction** - Wheeler's Center of Excellence in Addiction provides effective, accessible and comprehensive treatment plans, which can include extended-release injectable Naltrexone (Vivitrol®) and Buprenorphine (Suboxone®).
- **Bettor Choice Gambling Treatment Program** - an outpatient program that serves problem gamblers and those affected by the gambling problem of a loved one.
- **Older Adults Substance Abuse Recovery Program** - offers counseling and other services for people 60 and older in a group setting.
- **Transitional Case Management** - helps men with substance abuse issues transition back to the community following a period of incarceration.

For information or to make an appointment, call our Navigation Center at 888.793.3500.

## Walk-In Services

Available in Bristol, Hartford, New Britain, Plainville, and Waterbury.

## Outpatient Locations

10 North Main Street  
Bristol, CT 06010

225 North Main Street  
Bristol, CT 06010

43 Woodland Street  
Hartford, CT 06105

40 Hart Street  
New Britain, CT 06052

91 Northwest Drive  
Plainville, CT 06062

855 Lakewood Road  
Waterbury, CT 06704

## Payment Options

In many circumstances, Medicaid, Medicare, private insurance or third-party payer covers service cost.

## Funding Sources

Connecticut Department of Mental Health and Addiction Services, State of Connecticut Judicial Branch, Court Support Services Division, Connecticut Department of Children and Families

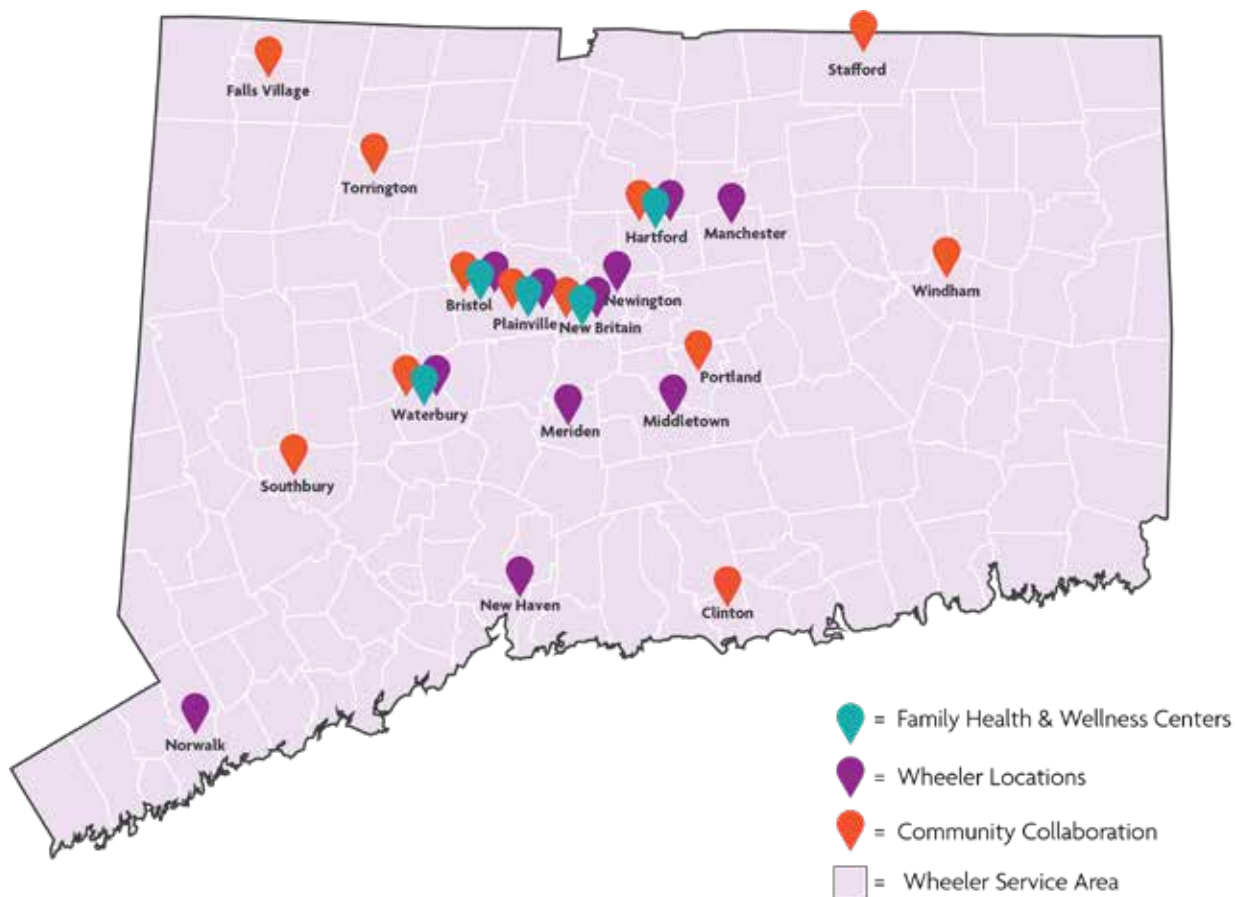
## ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

## WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

## SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler, please call 888.793.3500 or visit [WheelerHealth.org](http://WheelerHealth.org)

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



COMMUNITY | HEALTH | CARE

Revised 08.23.22