



WHEELER

# WALK WITH ME

**AUTHENTIC PARTNERSHIP. AFFIRMING CARE.**

## GENDER EXPLORATION GROUP

FOR AGES 18-35

ALL GENDERS WELCOME

THIS GROUP IS OPEN TO ADULTS

SEEKING SKILLS AND

SUPPORT IN NAVIGATING

GENDER IDENTITY AND EXPRESSION

**MONDAYS starting 3/6/2023**

**4:00 - 5:00PM**

**855 Lakewood Rd, Waterbury**

For more information, contact:

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Curriculum adapted from *The Queer and Trans Resilience Workbook: Skills for Navigating Sexual Orientation and Gender Expression* by Anneliese Singh, PhD, LPC