

## COMMUNITY | HEALTH | CARE

## **Bettor Choice Gambling Treatment Program**

IF YOU OR SOMEONE YOU LOVE IS STRUGGLING WITH A GAMBLING PROBLEM. TURN TO US.

Gambling problems have far-reaching and serious consequences that affect the gambler and their family, friends and loved ones. The Bettor Choice Gambling Treatment Program helps individuals and families cope with and recover from this challenging problem. Treatment may include individual, group, marital and/or family therapy. Financial and peer counseling are also available. Individualized treatment plans are developed for all clients to meet their specific needs.

TREATMENT HELPS INDIVIDUALS:

- Find hope
- Regain self-esteem
- Reduce or stop gambling
- Develop healthy relationships
- Reduce financial pressures
- Cope with guilt, shame or remorse
- Cope with urges and cravings to gamble
- Regain trust and become trustworthy
- Achieve recovery

Services are offered through Wheeler's Family Health & Wellness Centers in **New Britain** and **Hartford**.

To access services, call:

860.692.8857

For information or to make an appointment:

860.692.8857

## BETTOR CHOICE LOCATIONS:

43 Woodland Street Hartford

40 Hart Street New Britain

Main Office/Mailing Address

91 Northwest Drive Plainville, CT 06062

**Funding Source** 

Connecticut Department of Mental Health and Addiction Services

## **ABOUT WHEELER**

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 60,000 individuals across Connecticut each year. WheelerHealth.org